CSTR SPRING/SUMMER 2024



THE SPRING RIDE June 22 & 23, 2024

New Location for the June ride! Come and enjoy the June weekend ride at Hidden Acres in Marshfield VT.

Your CSTR managers are Jean Lukens, Nancy Creswell and Larry Marshall. Riding will be in

adjacent Groton State Forest. At 26,000 + acres, there is plenty of room for your trail riding pleasure on woods roads, trails and railroad bed. More info and entry form on pages 9 to 11

To help with trail marking, contact Nancy at nancyjcreswell@gmail.com or Jean at jeanlukens@yahoo.com

THE AUGUST RIDE Our 55th Year Aug 3 to 11, 2024



The August ride finds us returning to an old favorite in Rhode Island - LeGrand Reynolds Horsemen's Campground, Arcadia Management Area in Exeter RI. We will be riding in the Arcadia Management Area. The area has 14,000 acres and over 100 miles of trails. The campground has shade trees dotted throughout, a fireplace and picnic tables available as well as a large mounting ramp.



The Educational Assistance Fund

is open to all CSTR family members (juniors or adults) regardless of whether or not they have attended a Cross State Trail Ride. This fund is available to those continuing education including further formal vocational or trade education or college or university.

Application forms are posted on our website at www.cstronline.com or can be obtained from Ed McNamara 508-612-7704 156 Rowley Hill Rd., Sterling, MA 01564

Ed.mcnamara@comcast.net



CSTR OFFICERS

Term of Office 2022-2024

Acting President

Jenn Omasta 978-766-6127 33 Turkey Hill Rd West Newbury, MA 01985

Vice-President

Vacant until 2025 election

Recording Secretary

Nancy Creswell 802-793-6870

Corresponding Secretary

Loretta Vincz 317-775-0294 12982 Thurmond Way, Carmel, IN 46074

Treasurer

Patricia Darmofal 508-641-0612 12 Kelly St Haverhill, MA 01832

EXECUTIVE COMMITTEE

-----Permanent Members

Patricia Darmofal Karen Desroches Larry Marshall Margo Petracone Kathy Tobey Marianne Wojcicki

Term Members 2022 - 2029

Molly Lister Jennifer Omasta

Term Members 2024 - 2031

Jim Singiser Diane Sullivan Gryncewicz

-----Immediate Past President

Ed McNamara

NEWSLETTER & WEBSITE

Pat Darmofal 508-641-0612 patdarmofal@msn.com

WHERE TO GO FOR INFO

For CSTR Memberships

Loretta Vincz 317-775-0294

CrossStateTrailRiders@gmail.com

12982 Thurmond Way,

Carmel, IN 46074

For Ride Information

Jen Omasta

Omastafamily@vahoo.com

For checks or payments

Patricia Darmofal

patdarmofal@msn.com

12 Kelly St., Haverhill, MA 01832

Sharing & Caring Committee

Margaret Drummond

cdrummond221@comcast.net



CATERER

Dave Bishop of Dave's BBQ, Attleboro, MA will once again be joining us for the June ride and the August ride

AUGUST CAMPING WITHOUT A HORSE

Members may camp without a horse by paying the regular non rider fee. If a member wishes to bring a guest without a horse, the member's guest must join CSTR for the \$35 membership fee and fill out the membership application using the forms link or QR code below

If you have any questions about how this will work, contact Pat Darmofal 508-641-0612 (c) or e-mail to patdarmofal@msn.com or to la.vincz@gmail.com .

NEW MEMBER APP PROCESS

We have a new application process in place. Membership applications will be accepted throughout the year.

Applications can be made by applying online through our new form on the link below.



https://forms.gle/TWSbDFzjzLZAdSTP8

PERMISSION FOR A FRIEND TO ACCOMPANY A CSTR MEMBER WITH A HORSE

If the August ride is not filled by 15 days before the ride date, permission may be obtained to have a friend accompany a CSTR member with a horse with a special interim membership. The CSTR member must agree to sponsor and mentor their friend. Contact Loretta Vincz for a permission and entry form. The friend must become a member and pay the membership fee of \$35.00

Deadlines -

- Education Assistance Fund Sept 1
- Spring ride entries must be received 7 days before ride start date
- August ride entries must be received 15 days before the ride date, if the ride fills before this date, entries will be cut off and finalized



If received 15 days prior to ride start, refund with \$50 cancellation fee. Cancellations after that date depends on circumstance.





CROSS STATE TRAIL RIDE AUGUST RIDE INFO

AUGUST 3 to 11, 2024

https://maps.app.goo.gl/toKpmCHho8veDFnd6

AN INVITATION TO THE 55th ANNUAL RIDE LEGRAND REYNOLDS HORSEMENS' CAMPING AREA ARCADIA MANAGEMENT AREA RI



The Rhode Island Federation of Riding Clubs put in a lote of work with the State of Rhode Island to keep LeGrand Reynolds Campground an equestrian camping area. We are fortunate to be able to continue to use this wonderful area.

At over 14,000 mostly forested acres, the Arcadia Management Area is the state's largest recreational area, offering users a great variety of opportunities to enjoy the outdoors. Co-managed by DEM's Divisions of Forest Environment and Fish & Wildlife, it is promoted as, and actively managed for hunting, as well as fishing, boating, hiking, mountain biking, and horseback

riding, to name a few activities.

We have an exciting 10 days planned for our 55th Annual Cross State Trail Ride in August with some wonderful trails planned. Distances will range from 8-15 miles with various terrains including some gravel roads, wooded trails (yes some rocky sections since we are in New England) and some grassy fields (great cantering areas!) Some beautiful views on the Mount Tom Trail. We will have a short loop option available if desired. All horses should be properly conditioned prior to the ride.

Your ride managers for the 55th Annual August Ride are

Diane Gryncewicz dsullivan-dvm@gmail.com and Ellen (Charlie)
Williams lotaspots@verizon.net -If you can lend a hand to help with trails and marking, please contact them.







SITE DESCRIPTION:

GENERAL INFORMATION FOR AUGUST 2024

We will be staying at LeGrand Reynolds Horsemens' Camping Area, 260 Arcadia Road, Exeter, RI. The area is horse camping friendly with plenty of room for setting up fencing in shady areas, but please keep horse fencing to approximately 20ft by 20 ft. Riders can move into camp on Friday

MEALS:

Meals begin with **breakfast** on **Saturday** August 3, 2024, no lunch, welcome party at 3pm followed by dinner at 6:30 pm. Members are asked to bring snacks for the welcome party. First ride briefing will be at breakfast on the first Saturday. The remainder of the ride briefings will be at dinner. On **Wednesday**, there will be a breakfast, no lunch, a welcome party for second half mid afternoon and dinner at 6:30 pm. On the last Sunday, August 11th, we will have a breakfast only. The remainder of the days, lunch and dinner will be served.

HAY, GRAIN AND WATER:

Riders supply their own grain. Hay is supplied and will be available starting on Saturday morning. We plan on providing a half a bale of hay per horse per day. If your horse has special dietary needs you will need to bring your own supply of hay from home. Do not plan to purchase hay at the ride. We do not anticipate that second cut hay will be available.

Bring a hay net to avoid wasting hay and a tarp to cover several bales of hay at your site. A container to transport water to your campsite will be needed. A large manure bucket is recommended to store water at your campsite.

MEMBERS:

This ride is possible because of the cooperation of all members of CSTR. All persons at the ride must be members. Riders may ride the whole ride or either half or the two weekends.

CONDITIONING:

It is essential to properly condition your horse. A conditioned horse is less susceptible to injury and fatigue. The length of time necessary to reach an adequate level of fitness will vary. You will be riding over unfamiliar terrain for several days in a row. This is more stressful than your normal routine.

MANNERS:

Your horse should go well in company, must tie quietly, drink, and cross water on the trail. Your horse should also be accustomed to motor vehicle traffic before you come to the ride.

FARRIER & VETERINARIAN:

There will be a farrier and veterinarian on call. Fees are by private treaty and are the responsibility of the rider. Please have your horse newly shod before the ride. The CSTR takes no responsibility for unshod horses.





August Ride rules for 2023

RIDE RULES

- 1. A complete application must be RECEIVED by July 19th, 2024. If the ride fills at 100 horses, then the ride will be considered full and closed. This date is firm. If the ride is not filled by July 19th, members may request permission to bring a friend with a horse. Post entries will be allowed between July 19 and July 31st with all paperwork and entry fees received by the 31st. Contact Jen Omasta for particulars. **NO DEPOSITS.**
- 2. **JUNIOR RIDERS** Riders under 18 years of age must be accompanied on the trail by an adult over 21 who is registered with the ride and listed on the application. Juniors should not be left unsupervised.
- 3. **HEALTH REQUIREMENTS** Applications must include a copy of your horse's **Current Coggins Test**,. We also strongly recommend vaccination for Rabies, E & W Encephalitis, Tetanus & Flu, Rhino, West Nile Virus & Potomac Horse Fever. YOU ARE STRONGLY URGED TO SECURE A HEALTH CERTIFICATE IF YOU HAVE TO CROSS STATE LINES AND YOU SHOULD CARRY A CERTIFICATE OF RABIES VACCINATION. Health and vaccination rules for the state we are camped in will apply, not the state of a members residence. **RHODE ISLAND REGULATIONS** all horses imported into Rhode Island (traveling into Rhode Island from other states), regardless of purpose, must travel with a negative Coggins test obtained within 12 months, a health certificate dated within 30 days of import and a certificate of rabies vaccination dated within 12 months.
- 4. The Board of Directors reserves the right to eliminate unfit or unruly horses or riders whose personal conduct is detrimental to the ride, without refund.
- 5. Each rider is responsible for his own accommodations. The CSTR will provide sanitary facilities. Although CSTR provides general security in camp, it will not be responsible for lost or stolen items. Supervision of horses is the responsibility of owners. In camp, each horse is confined to its own campsite. A halter or neck collar must be worn at all times unless under saddle/harness. A leather halter, nylon safety halter or neck collar is acceptable. Riders should not approach the camp kitchen or the lunch truck with their horses.
- 6. **NO DOGS or other pets** are allowed No Exceptions
- 7. **MEALS** Lunch is served in camp. Lunch can be served on the trail through a sign up list. Dinner is served at 6:30 PM All extra meals to be purchased must be approved in advance by a designated person (the President or Treasurer). Meal Tickets are not transferable.
- 8. **STALLIONS** Juniors may not ride stallions; others may ride stallions with the prior approval of the Board of Directors.
- 9. **Motorized Vehicle use in the field** is to be limited.
- 10. **ARRIVAL** Riders are permitted to arrive in camp any time on Friday, August 2, but please use common sense on the arrival time. On Wednesday, August 7, first half riders must be out by noon, so second half riders should plan on arriving **AFTER NOON** for the second half. If you arrive early for the second half, you may have to wait until those registered for the first half only have left the field and a spot opens.
- 11. **Generator** use will be daily 9 am to 9 pm if supervised and no complaints from neighbors.
- 12. **CSTR** members who are not registered as part of the ride may stay in camp one night (NO HORSES) after notifying the president or his/her designee. Meals are not guaranteed. Everyone else staying in the camp must be a paid, registered participant.

STOP!

Before filling out the application - please read the following section and complete the check list! We will accept only properly completed applications

One completed application per person
Signed waivers
TOTAL Ride Fee included with Application Either mail a check or use PayPal on the website
Juniors medical release -
signed by parent or guardian
COPY of current Coggins (no originals)

- Deadline is the first 100 horses or 15 DAYS before the ride start date whichever comes first, for current members.
- Family rates for children = 1st child/75% 2nd child/50% 3rd child/25%

Registration options = First Half / Second Half / Whole Ride

CANCELLATION FEE = \$50.00 for cancellations received 15 days before the ride start date Cancellations received less than 15 days before the ride will be subject to forfeit the full ride fee depending on the circumstance.

Equipment Check List









HORSES

Grooming Supplies
Buckets
Blankets
Fence/tie ropes
Manure fork/bucket
First Aid Supplies
Fly Repellent
Water Container
Grain
Hay Net & Tarp
Rain Sheet
Light Sheet/Blanket

PEOPLE

Sleeping Bag, etc.
Riding Clothes
Casual Clothes
Warm Clothes
Rain Gear
Toilet Articles
First Aid Supplies
Flashlight
Water Container
Waterproof tarp
Folding chair
Food Tray

55th ANNUAL CROSS STATE TRAIL RIDE APPLICATION

Mail to: Loretta Vincz 12982 Thurmond Way, Carmel, IN 46074 Entry Deadline - complete application received by July 19, 2024 RIDER FEES Whole Ride = \$525.00 First Half = \$280.00 Second Half = \$270.00 Two Weekender = \$270.00			
Two Weekends = \$270.00 NONRIDER Whole Ride = \$500.00 First Half = \$270.00 Second Half =\$260.00			
Two Weekends = \$260.00 CHILD Rates for family = see previous page			
NAME OF HORSE			
HOME PHONE			
RIDERNON RIDER AGE if under 21			
AGE			
CELL PHONE O Gelding O	Stallion		
ADDRESS			
E-MAIL EMERGENCY CONTACT			
ALLERGIES			
	IONE		
INSURANCE			
WAIVER AND RELEASE OF LIABILITY AND HOLD HARMLESS AGREEMENT understand that horse related activities are inherently dangerous. eration of being allowed to participate in any way in activities or events of Cross State Trail Ride Inc. (herein a CSTR) I the undersigned, do hereby, for myself, heirs, executors and administrators, waive and release CSTR ficers, directors, members, employees, volunteers, and property owners who allow CSTR the use of their prop (herein after "Releasees") from any and all, right, claim, or liability, for damages and all injuries that may	In consid- after R., It's of-		
tained by me, including injuries to any animal(s);and/or from any and all claims of any kind or nature I ma Further, I do hereby acknowledge this release will extend to any accidents, damages, or claims arising out of n pating in CSTR activities. In exchange for the opportunity to participate in CSTR activities, whether mounted or not I agree to hold the R	y be sus- ny have. ny partici-		
Further, I do hereby acknowledge this release will extend to any accidents, damages, or claims arising out of n	y be sus- ly have. my partici- Releasees, sons asso		
Further, I do hereby acknowledge this release will extend to any accidents, damages, or claims arising out of next pating in CSTR activities. In exchange for the opportunity to participate in CSTR activities, whether mounted or not, I agree to hold the R free and harmless from all claims, demands and expenses that may be occasioned by me, my animals, or personated with me who may not be entered at the event. I agree to indemnify each Releasee for any claims, deexpenses that may be occasioned by me, my animals, or persons associated with me.	y be sus- by have. my partici- deleasees, sons asso- emands or cluding te inaction,		
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55th ANNUAL CROSS STATE TRAIL RIDE APPLICATION

NAME OF JUNIOR ENT	RANT		
I.		. AS PARENT OR LE	GAL GUARDIAN OF THE JUNIOR
ENTRANT, HAVE REA	D AND UNDERSTAND THE	RELEASE, WAIVER AND HO	GAL GUARDIAN OF THE JUNIOR LD HARMLESS AGREEMENT ON
THE REVERSE SIDE.	ASK ANY QUESTIONS AT F	VENT REGISTRATION OR I	MAY CONTACT THE PERSON
WHO SUPPLIED THIS			,
SIGNATURE OF RELEA	ASOR		
OIONATORE OF RELEA	ASOR Parent or leg	al guardian of minor child	
DATED			
Name of Member acco	mpanying junior		
	MEDICAL R	ELEASE FOR JUNIORS	
I hereby grant permiss medical care and/or ho	ion to the Officers and Ride spitalization necessary for I	Committee of the Cross Star ny child in the event of accid	te Trail Ride, Inc. to provide all dent or illness during this ride.
SIGNATURE			
of parent	or guardian		
DATE		PHONE	
		Cuation Infori	
Cell Phone contact n	umber		
TOW VEHICLE			
MAKE		MODEL	
WAKE		WIODEL	
COLOR		REGISTRATION #	ŧ
TRAILER			
		REGISTRATION #	.
			·
Check one	BUMPER PULL	GOOSENECK	
TOTAL RIG LENGTH _			
ADDITIONAL VEHICLE	??		
MAKE		MODEL	
COLOR		REGISTRATION #	ŧ

CROSS STATE TRAIL RIDE

Thirty Second Annual
Open Memorial Pleasure Trail Ride



JUNE 22 & 23, 2024

Ride Location Groton State Forest Marshfield VT Hidden Acres Farm

https://maps.app.goo.gl/QEAnEzb5KuZzh38d9

RIDE FEES—WEEKEND ONLY
CSTR MEMBER ADULT = \$150.00
CSTR MEMBER JUNIOR = \$135.00
NON MEMBER ADULT = \$170.00
NON MEMBER JUNIOR = \$155.00
Friday Welcome Party included

NO PETS PLEASE! NO POST ENTRIES! \$30 CANCELLATION FEE!

Entries and Ride Inquiries
Margo Petracone
600 West Street
Barre, MA 01005
978-621-9812
westwindfm@aol.com

Pre-Registration only

Entries close June 14 and all entry forms and payments must be received by then

No refunds after June 14th unless space is filled

Payment may be made by mail to the address above or by PayPal on our website at

http://www.cstronline.com/ June.html

Entry form must be submitted even if you use PayPal to pay

AFFILIATED WITH NEW ENGLAND HORSE & TRAIL

Visit us online at www.cstronline.com

- This is an unjudged, open pleasure ride, affiliated with New England Horse & Trail Assoc
- Mileage: Saturday's trail will be 12 miles and Sunday will be 9 miles. A short ride is available for Friday.
- There will be NO driving.
- Bring your own horse & people water.
- Everyone in camp (rider or non-rider) must be registered with the ride and pay the fee.
- Entry registration is for the weekend only
- No Dogs/No Pets -
- Bring Manure bucket and fork to facilitate cleanup
- A negative Coggins Test is required.
- Because of changing Federal Regulations regarding the transportations of horses across state lines consult your local vet for advice. Vermont does require a health certificate and consider having a certificate of rabies inoculation with you.
- Plan on registering as soon as you are set up.

The grounds will be open on Friday June 21. All riders must be on the grounds by 7 AM on Saturday morning. It is not required that you camp over, but there will be no fee reduction if you do not camp. Ride briefing will be at Breakfast at 8 AM and everyone must attend this meeting. Meals are catered. Saturday meals include breakfast (8AM) Lunch in camp and Supper (6:30PM) Sunday includes breakfast 8 AM and lunch at 1 pm. Please plan on keeping paddock size to a minimum (approx 20' x 20')

Welcome Pot Luck Friday night at 6:30 pm is included in the ride fee.

CROSS STATE TRAIL RIDE

Thirty Second Annual Memorial Pleasure Trail Ride

JUNE 22 to 23, 2024

Groton State Forest Marshfield VT

https://maps.app.goo.gl/QEAnEzb5KuZzh38d9

Hidden Acres - 2654 Groton Forest Rd (VT 232) Marshfield VT





Directions:

From White River Junction, VT, take I-91N to Exit 17 Groton. Go west on Rte 302, to Groton. Turn right onto Minard Hill Rd (Rte 232N - Groton Forest Road) and travel 10.8 miles to the field. After Peacham Pond Rd start looking for CSTR signage for a left turn on a dirt drive into the field. Careful, the driveway to our campsite is **before** the road to the Groton Forest Rd Campground

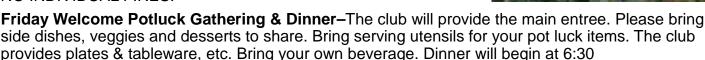
You are welcome to arrive anytime on Friday. Trails are marked and route sheets will be provided. All three days offer a combination of dirt roads, ATV wide paths, gravel rail trail, and single track. There are several bridges. There is minimal tar all weekend and ample stretches for long trots and canters. Friday is a "There and Back Again" ride via the rail trail toward Marshfield. Go as far as time allows. On Saturday, we will ride a scenic 12 mile loop toward Groton and return on single track through mossy boulders and ferny woodlands. Sunday, is a 9 mile loop toward Peacham on forest roads and paths that take us past Peacham Pond and back to camp. There is a short stretch along the shoulder of Rte 232 on Sunday.

Water - Please bring your own horse water. Emergency horse water will be available.

Hay – Bring your own hay and grain.

Chair – Bring a chair for meals with a food tray to carry your meal.

Gathering Campfires – There will be one fire for everyone to join. NO INDIVIDUAL FIRES.



Saturday -Breakfast, Lunch, and Dinner- are catered.

Sunday - Breakfast and Lunch - are catered

Swimming – There are 4 beaches within the state forest at Boulder Beach, Kettle Pond, Ricker Pond, and Stillwater.

Manure Disposal – Directions for manure management will be given during the ride. Please keep the access road near your campsite clean and leave your site spotless!

Cell Service: Cell service is spotty and can't be depended on.





Thirty Second Annual Cross State Trail Ride Memorial Pleasure Trail Ride June 22 & 23, 2024 Affiliated with NEHT

NO DOGS - NO POST ENTRIES - \$30 CANCELLATION FEE

Completed entries must be received by June 14 - No refunds after June 14 unless space is filled

Registration Form - 2024 CSTR Spring Weekend

Please IIII in a separate entry form for each 6	entrant whether	riaer or non-ri	der			
Name				Phone		
Address				CSTR Member:	YES	NO
	.	e-mail _				
CSTR Members ADULT Weekend	@	\$ 150.00 =				
CHILD (under 12) Weekend	@	\$ 135.00 =				
Non-Members ADULT Weekend	@	\$ 170.00 =				
CHILD (under 12) Weekend	@	\$ 155.00 =	\$			
NEHT Rider # Horse #_						
Current Coggins Number:	and St	ate	Include cop	by of Coggins		
Food Includes Welcome Party Friday nig Riding includes a short ride on Friday af						
In consideration of being allowed to particular also including persons associated with me each participant will be engaging in activities evere social and economic losses which in reasonably foreseeable at this time and also accepts personal responsibility for the dan charge and covenants not to sue Cross State Parks and Recreation, Hellen Hipp, landow which are hereinafter referred to as "releast damage to property caused or alleged to be Have read and signed the above Waiver and derstand that trail riding can involve being tion, and medical facilities; and that these as identify, modify, or eliminate; that horses of pen to anyone at any time	who may not be ties that involve night result from to from the action ages following the Trail Ride, Index tyner and other of sees"; from dem to e caused in who and Release volu- tin remote area areas may have	e entered in the risk of serious in their own acons and/or ina such injury, possible in the such interity and under the such interity and u	te event, (1) is injury, including in including tions, inactic ctions of other directors or asees of preor damages of the control of the cont	Acknowledge and fully uding permanent disability on or other risks not knowlers (2) Assume all the forisability or death (3) Relembers, Vermont Depmises used to conduct the on account of injury, include of the releasees or other I have given up substatime, far from communicating management car	understand of lity and dear with the me or regoing risk ease, waive, eartment of Face event, all uding death nerwise and intial rights. Eations, transmot anticipal	that th and us or ss and dis- forest of or (4) I un- sporta- ute,
Signature				Date		
Signature of parent or guardian of minor	child – Give a	ige of entrar	nt if under	18		
Name of Emergency Contact				 Phone		

Mail to: Margo Petracone, 600 West Street, Barre, MA, 01005
Make checks payable to CROSS STATE TRAIL RIDE INC.

Loretta Vincz CROSS STATE TRAIL RIDE INC 12982 Thurmond Way Carmel, IN 46074

